

Information For the User

Acebrophylline 200 mg tablets

# Abrostep 200 SR tablet

## Acebrophylline 200 mg Tablet

### Composition:

Each uncoated tablet contains:

- **Acebrophylline** – 200 mg

### Pharmacological Action:

Acebrophylline is a bronchodilator and mucoregulator with combined properties of ambroxol and theophylline-7-acetate. Its therapeutic actions include:

- **Bronchodilation:** Relaxes bronchial smooth muscles to relieve bronchospasm and improve airflow in patients with obstructive respiratory conditions.
- **Mucoregulation:** Lowers mucus viscosity and enhances mucus clearance, helping reduce congestion and making breathing easier.
- **Anti-inflammatory:** Inhibits the release of pro-inflammatory mediators, reducing inflammation in the airways and respiratory tract.

### Indications:

Acebrophylline 200 mg tablets are indicated for the management of:

- **Chronic Obstructive Pulmonary Disease (COPD)**
- **Chronic Bronchitis**
- **Asthma**
- **Other Obstructive Airway Diseases**

### Dosage and Administration:

- **Recommended Dose:** One tablet once or twice daily, or as directed by the physician.

- **Administration:** Take the tablet with water after meals to minimize gastrointestinal discomfort.
- **Duration of Use:** Follow the treatment plan as prescribed by your healthcare provider. Do not stop the medication abruptly without consulting your doctor.

### Precautions:

- **Pregnancy & Lactation:** Should be used only if prescribed, as the safety of acebrophylline in pregnancy and lactation is not fully established.
- **Patients with Liver or Kidney Impairment:** Dose adjustments may be necessary; consult with a healthcare provider for guidance.
- **Use with Caution:** Patients with cardiovascular conditions should use acebrophylline carefully, as it may occasionally lead to palpitations.

### Contraindications:

- Known hypersensitivity to acebrophylline, ambroxol, theophylline, or other methylxanthine derivatives.
- Patients with severe hepatic or renal impairment, unless monitored closely by a healthcare provider.

### Adverse Reactions:

- **Common:** Nausea, vomiting, stomach discomfort, headache, and dizziness.
- **Serious but Rare:** Palpitations, skin rashes, difficulty breathing, and other signs of severe allergic reactions. Report any serious side effects to your healthcare provider immediately.

### Drug Interactions:

- **Avoid combining with other methylxanthines** (e.g., theophylline) to reduce the risk of toxicity.
- **Caution with other bronchodilators or antihistamines**, as they may enhance side effects.

**Storage:**

- Store in a cool, dry place, below 25°C, protected from light and moisture.
- Keep out of reach of children.

**Note:** This information is for guidance only. Always follow the directions of a healthcare provider regarding the use of this medication based on individual needs and health status.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

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